



[print this out and put it next to your grocery list]

Food Collection for the Hands On Hartford Food Pantry

Immanuel has a long tradition of collecting non-perishable food each month for the Hands On Hartford Food Pantry. In the last month alone, there were 931 families needing assistance at the Pantry. Hands On Hartford never turns anyone away, so our help is needed now more than ever.

Buy a little extra each time you go to the grocery store – a box of cereal for your own family, and a box of cereal for Hands On Hartford.

These are the items most needed by the Pantry:

Boxed Cereal, Oatmeal, Pasta, Rice, Pancake Mix, Canned Fruit

The deacons are asking you to bring non-perishable food items to our Sunday services (the grocery collection cart will be out each week).

For the month of October, let's focus on pasta and rice. Don't forget our gluten-free friends!

We are also looking for a volunteer to deliver our non-perishable food collections to the Hands on Hartford Food Pantry (located on Bartholomew Avenue in Hartford) either on a bi-weekly or monthly basis. To volunteer, or if you have any questions, contact Larry Paterno at lawrencepaterno2@gmail.com